

# ... BY LEPRA SOCIETY





# **Prasant's Message**

June 2023 has been an eventful month for us. Participated in the Odisha programme review with the programme managers and field staff. Represented Lepra Society at a meeting of GBLT (Goodbye Leprosy Trust). We passed a due diligence assessment with Metta Social, which will enable Lepra Society to access corporate funding (CSR).

We handed over the medical equipment to Indira Gandhi Hospital for a new leprosy referral centre as part of the joint Rotary-Lepra society project in Delhi. Launched the LRI (Leprosy Research Initiative) project with SRH (Sivananda Rehabilitation Home) and had a 3 day discussion with all participants, including Milena from Lepra UK.

Lepra received the approval for two DNB / Diploma seats for January 2023 Admission Session - DNB Post MBBS, DNB Post Diploma, Diploma (Post MBBS) and Direct Six Years Courses at MNC, which is a great achievement. I was delighted to attend 3 days first ever Telangana State Level Training of Trainers (ToT) on Strengthening of NLEP Data Systems, where over 140 General Health Staff (District Leprosy Officers, Dy. Para Medical Officers, District Data Managers, Data Entry Officers) from 33 Districts on Digitisation of Leprosy data. This event was jointly organised by LEPRA, ALM and State Leprosy Office, Telangana and Central Leprosy Division

Join hands to eradicate leprosy =

# State Wise Updates

## In June 2023, 334 New leprosy cases were diagnosed and put on MDT

# ANDHRA PRADESH

- Prevention of Disability camp was held at the District leprosy office in Machilipatnam, where 17 patients and their families attended. The Lepra staff taught them how to do Soaking Scrapping Oiling, dressing and measurements taken for supply of MCR Footwear.
- State Leprosy Officer, AP visited the Vizianagaram LEPRA Referral Centre and reviewed their documents and data. He also interacted with the staff and patients



### BIHAR

- LEPRA Sparsh team collaborated with the District Leprosy Officer to train ASHA workers and supervisors on Leprosy Case Detection Campaign (LCDC) in the Dhanbad district. The training was conducted in 3 batches, covering 18 supervisors and 267 ASHA workers.
- ASPIRE project team in Jamui district has screened 106123 people in 10 blocks for leprosy, LF, and scabies. 27 leprosy cases, 180 LF cases, and 158 scabies cases have been registered and facilitated for treatment. Additionally, 11 self-support groups have been established to empower the affected communities.

## CHHATTISGARH

• Tokapal CHC of Jagdalpur, Bastar District, hosted a LEPRA Special DPMR Clinic. 14 beneficiaries received various disability services at the clinic. 8 ASHAs also attended the clinic and learned about Leprosy



## DELHI

• West Delhi Referral Centre(WDRC) team conducted three disability camps for people with leprosy and their caregivers. They taught 150 patients and 250 helpers on how to do home-based care. They also distributed 97 customised footwear and 24 selfcare kits to the patients

## MADHYA PRADESH

- A group of 33 Support Groups (SSG) in Rajnagar Block, Chhatarpur District are participating in SAMRTH Project mindfulness sessions. The sessions teach them how to do mindfulness exercises that can help them deal with anxiety and improve their well-being
- The project team conducted monthly training sessions for the 30 Self Support Group members in Lavkushnagar. The topics covered Self Care Practices and Group management. The objective was to strengthen their group functioning and community well-being.

<u>Click here for our Leprosy</u> <u>Dashboard</u> <u>Click here for our LF</u> <u>Dashboard</u> In June 2023, a total of 1214 Nerve assessments were done, of them 109 impairments were identified and suggested for physio care and treatment.





**CLICK HERE FOR OUR MONTHLY ACHIEVEMENTS** 



# State Wise Updates

MAHARASHTRA

In June 2023, at total of 652 (155 G I & 497 G II) beneficiaries were provided with customised footwear



 During a special Leprosy Case Detection Campaign in Chandrapur district of Maharashtra suspect examination was done at Gangalwadi PHC, Gondpipari



- ODISHA
- The Swabhiman Project area reported 74 new cases of leprosy through active and passive case detection methods.
- Out of 221 cases that underwent nerve function assessment, 19 cases showed signs of nerve function impairment and received appropriate treatment.
- The project also treated 46 new ulcer cases and healed 38 existing ones. Additionally, 18 cases were linked to socio-economic rehabilitation services and benefitted from various social security schemes.

## TELANGANA

- IPOD camp was conducted at Chinthaguda Health and Wellness centre of Asifabad district.
- Organised focal survey in UPHC, Parvathi Nagar area, Hyderabad district in collaboration with District NLEP team
- Awareness program was conducted on Leprosy & Lymphatic Filariasis to the students of Telangana State Welfare Residential School & Junior College For Girls, Narsingi, Ranga Reddy District.
- Under ALM supported project , in collaboration with State Leprosy Office, Central Leprosy Division, LEPRA carried out State Level Training of Trainers (ToT) for Carried out during 27-30 June 2023 for General Health Staff (DLO, APMO, District Data Manager, Data Entry Officers) on NLEP Data systems. Overall 142 staff trained from 33 districts of Telangana.



## BPHRC

In June 2023, a total 861 LF patients were trained on Home based self-care



A diabetic foot care camp was held at Narayanpet on 18 June 2023, in partnership with Lions International, Narayanpet. The camp offered clinical assessment, awareness and education to people with diabetes on how to take care of their feet. Podiascan foot imprints and reports were also given to patients with diabetes. Dr. Neelaveni, Professor of Endocrinology at Osmania General Hospital, Hyderabad, participated in the camp as a specialist doctor.

From June 21st to 23rd, 2023, a project orientation workshop on personalized footwear for foot ulcers in leprosy was conducted at LEPRA BPHRC, incorporating an innovative community engagement model using baropodometry.

The workshop encompassed a one-day visit to Sivananda Rehabilitation Home (SRH) in Hyderabad. The main objective was to provide training to field workers, physiotherapists, and project staff involved in the initiative, emphasizing the efficacy of personalized Micro-cellular Rubber (MCR) footwear for leprosy patients. The training aimed to equip participants with the requisite knowledge and skills to effectively implement the project, funded by the Leprosy Research Initiative (LRI).



## Dr. Aila Indrani

Indrani has joined LEPRA as a Communication Officer and has done her Master's in Public Health from UoH, and her Bachelor's in Naturopathy and Yogic Sciences from NTRUHS.

# MEET OUR NEWEST STAFF MEMBERS



## Sushree Nibedita Panda

Nibedita has joined as a Research Associate for LEPRA BPHRC. She has done her Masters in Public Health (MPH) from ICMR-Regional Medical Research Centre, Bhubaneswar, Odisha.

# Meet our Staff



#### Meet Ankit Dwivedi, Our Field Coordinator:

Hello, my name is Ankit Dwivedi, and I am currently serving as a Field Coordinator in the Svetana Project-Bhopal. I hold a postgraduate degree in MBA and have over three years of experience in the development sector.

I have been associated with LEPRA since February 2nd, 2021.

### Share your experience and learnings at LEPRA.

My experience at LEPRA has been incredibly rewarding. I have had the opportunity to witness firsthand the positive impact that LEPRA has on its clients. Through my work, I have learned the importance of a people-centric approach and how it can truly benefit those we serve.

## What do you like the most about working with LEPRA?

The organization places great emphasis on understanding the needs and aspirations of the clients, which ultimately leads to more effective and impactful interventions.

## Share one memory at LEPRA?

A highlight of my work at LEPRA was witnessing a pregnant woman with HIV learn that her baby was free of the virus. I had supported her throughout her pregnancy, and I was moved by her happiness and gratitude. This experience showed me the impact of our work on people's lives.

## What makes LEPRA unique?

LEPRA stands out for its core values. The organization focuses on a people-centric approach, putting the beneficiaries' needs first in all interventions. This dedication to strengthening individuals and communities makes LEPRA unique and allows it to create a sustainable and significant impact in the development sector.

# **Our inspirational case stories**



Kobi Mali is a 30-year-old farmer and labourer from Bodo Maliguda, a village in Koraput district. He lives with his wife, Boida Mali, who supports him through his health challenges. Kobi has leprosy, a condition that causes nerve damage and skin lesions. He also suffered a spine injury while working on a slope. He was afraid to seek medical help and hid his symptoms from others. He even ran away when the village health worker tried to convince him to go to the clinic. However, things changed when the LEPRA Field Coordinator visited him and his wife at their home. They explained to him the causes and effects of leprosy, and the benefits of treatment. They also encouraged him to go to the SDH-Jeypore hospital, where he was diagnosed and started on medication. He was admitted to the ward for further evaluation and care. He also learned how to do self-care

exercises and wound dressing. He may need surgery to correct some of his deformities in the future. Click here to read the Kobi and his wife are now hopeful and optimistic about their recovery. They are thankful to LEPRA Society for their assistance and guidance. They also want to share their story with others who may be suffering from whole leprosy, and encourage them to seek help as soon as possible. Kobi is a resilient man who does not give up <u>story</u> easily.

## **YOGA DAY CELEBRATIONS @ OUR CENTRES**



# ICK HERE FOR OUR MONTHLY IEC AND GALLERY

Account Number 0132 0030 06100 IFSC Code IBKL0000002 Account Name LEPRA Society Type of Account Savings Bank Name IDBI Bank Limited Branch Name Basheer Bagh Bank Address Mahavir House, Basheerbagh Square, Hyderabad - 29



For any queries, please write to us at <u>rmu@leprahealthinaction.in</u>

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